

**COLOSSIANS 3**  
**12-17**

COLOSSIANS

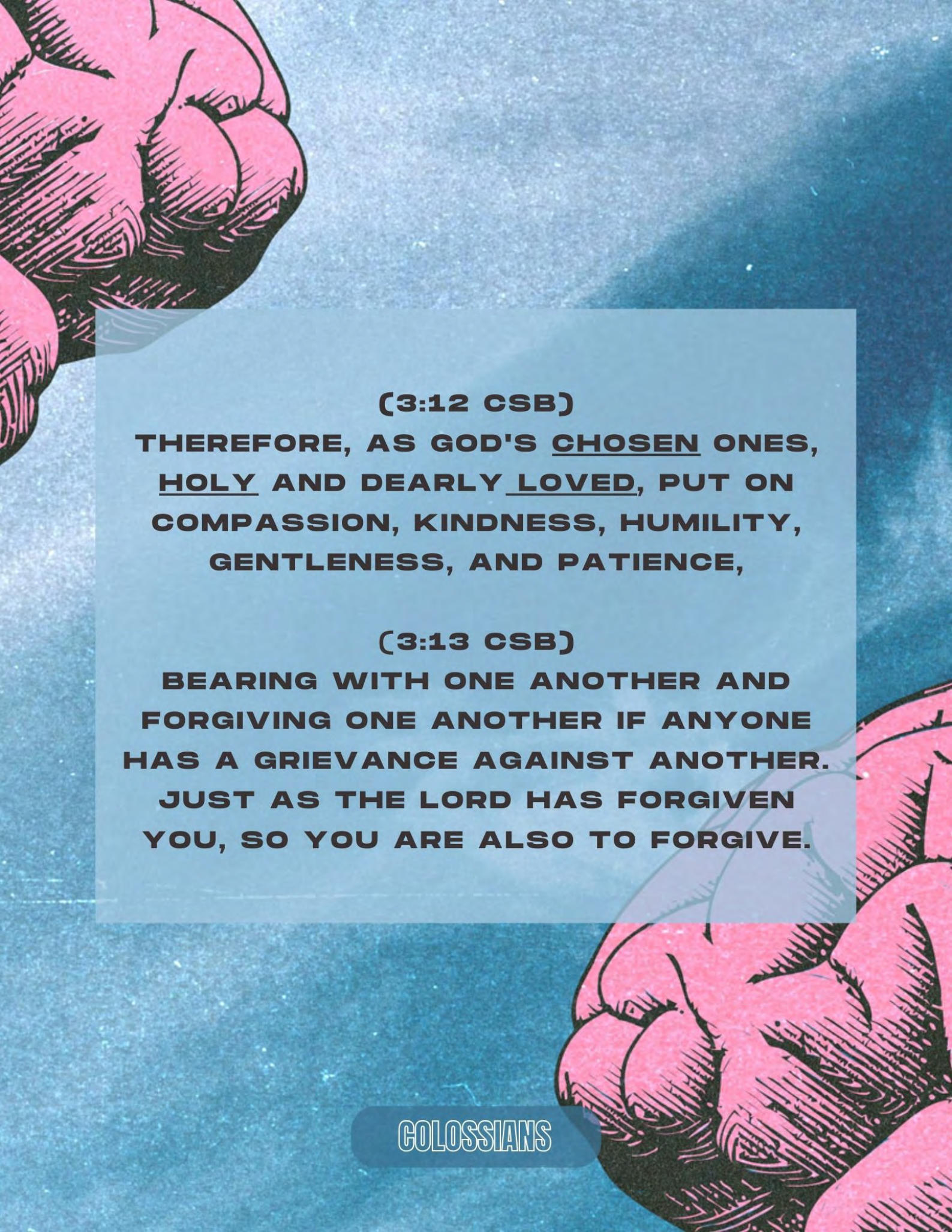


## MAIN POINTS

**JESUS IS THE REFEREE OF OUR HEARTS. (VS 15)**

**WE ARE CALLED TO REPRESENT GOD THE RIGHT WAY AND IN ORDER TO DO SO..GOD'S WORD & GOD'S SPIRIT MUST BE THE CONTROLLING FACTOR IN OUR LIVES. (VS 16-17)**

COLOSSIANS



**(3:12 CSB)**

**THEREFORE, AS GOD'S CHOSEN ONES,  
HOLY AND DEARLY LOVED, PUT ON  
COMPASSION, KINDNESS, HUMILITY,  
GENTLENESS, AND PATIENCE,**

**(3:13 CSB)**

**BEARING WITH ONE ANOTHER AND  
FORGIVING ONE ANOTHER IF ANYONE  
HAS A GRIEVANCE AGAINST ANOTHER.  
JUST AS THE LORD HAS FORGIVEN  
YOU, SO YOU ARE ALSO TO FORGIVE.**

**COLOSSIANS**



**(3:13 NIRV)**  
**PUT UP WITH ONE ANOTHER.**  
**FORGIVE ONE ANOTHER IF YOU ARE**  
**HOLDING SOMETHING AGAINST**  
**SOMEONE. FORGIVE, JUST AS THE**  
**LORD FORGAVE YOU.**



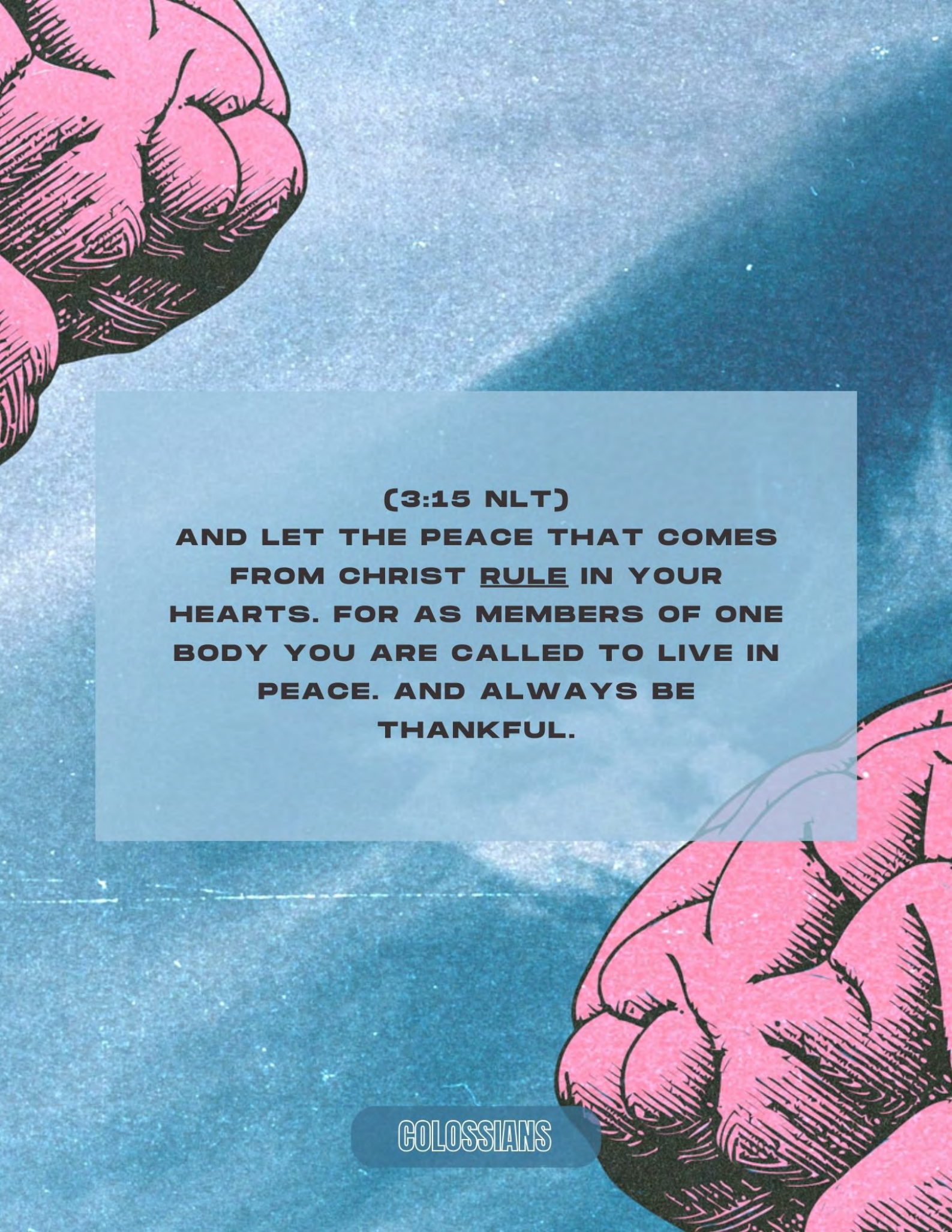
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**(3:14 NLT)**

**ABOVE ALL, CLOTHE YOURSELVES  
WITH LOVE, WHICH BINDS US ALL  
TOGETHER IN PERFECT HARMONY.**

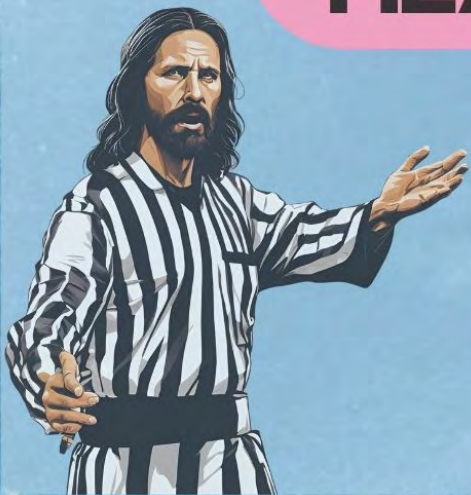
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**(3:15 NLT)**  
**AND LET THE PEACE THAT COMES  
FROM CHRIST RULE IN YOUR  
HEARTS. FOR AS MEMBERS OF ONE  
BODY YOU ARE CALLED TO LIVE IN  
PEACE. AND ALWAYS BE  
THANKFUL.**

**COLOSSIANS**

# JESUS IS THE REFEREE OF OUR HEARTS. (VS 15)



**(3:15 NLT)**

**AND LET THE PEACE THAT COMES FROM CHRIST RULE IN YOUR HEARTS.**

**RULE: COMES FROM A SPORTS TERM PAUL USES IN COMPARISON TO A REF**

**COLOSSIANS**

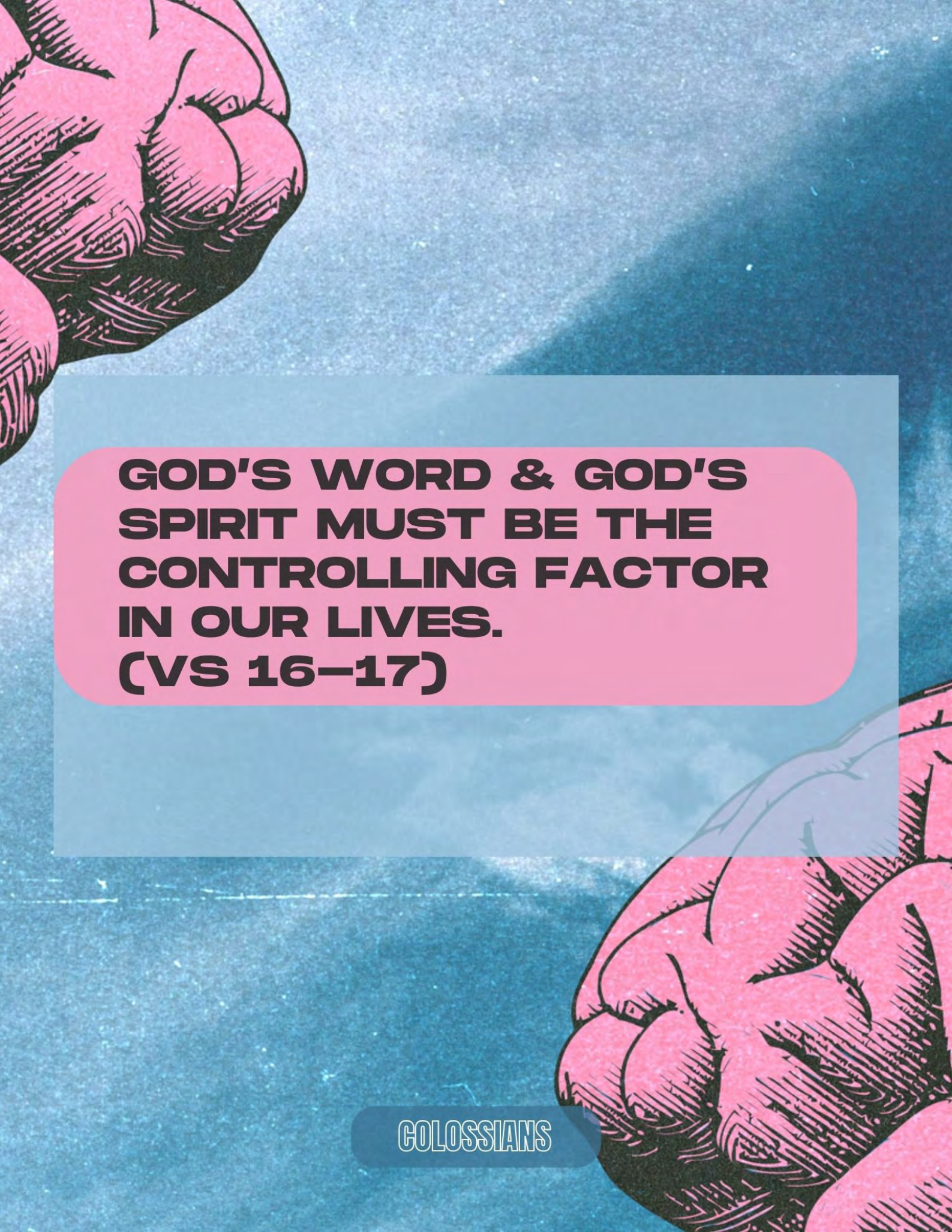


**3:15 AMP**

**LET THE PEACE OF CHRIST [THE INNER CALM OF ONE WHO WALKS DAILY WITH HIM] BE THE CONTROLLING FACTOR IN YOUR HEARTS [DECIDING AND SETTling QUESTIONS THAT ARISE]**

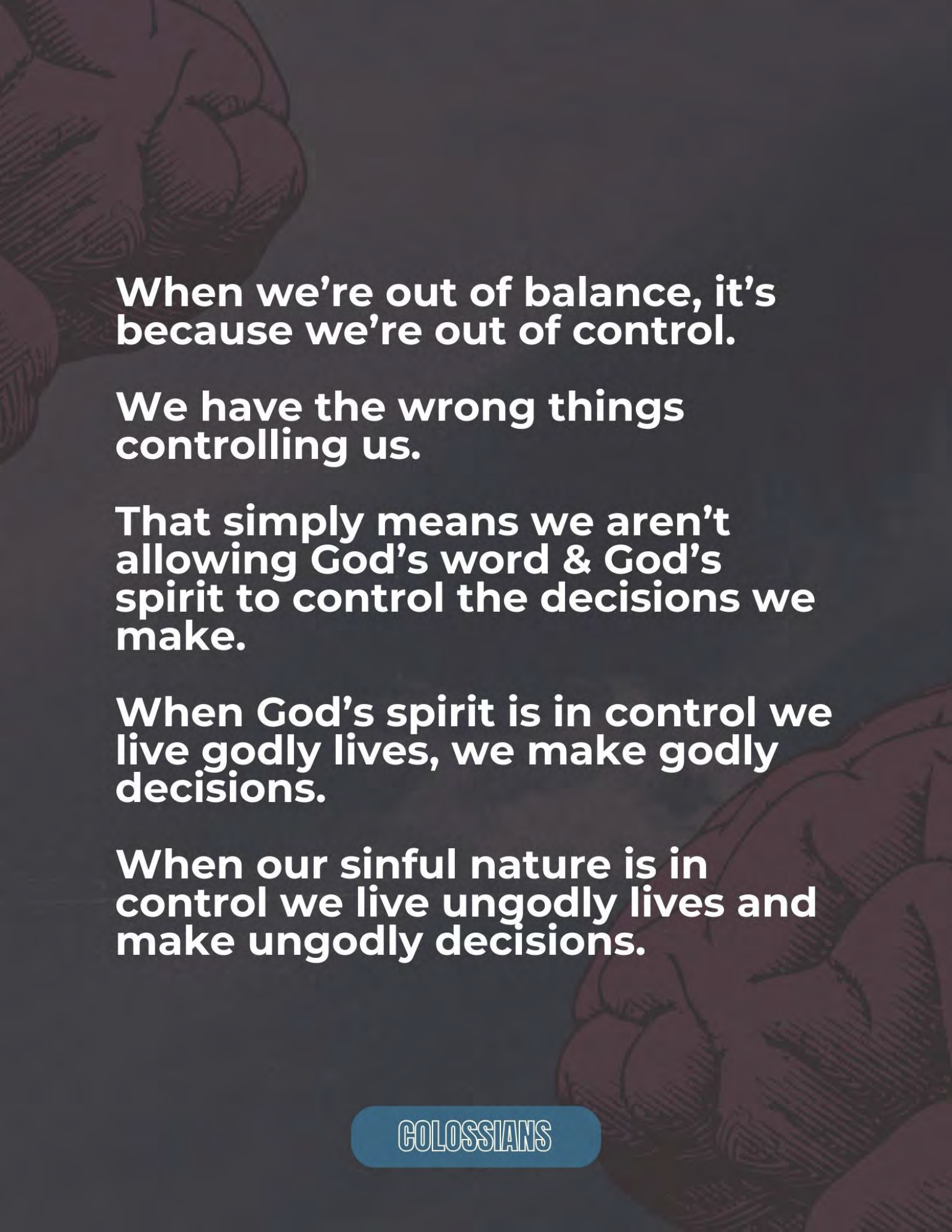
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**GOD'S WORD & GOD'S  
SPIRIT MUST BE THE  
CONTROLLING FACTOR  
IN OUR LIVES.  
(VS 16-17)**

**COLOSSIANS**



**When we're out of balance, it's because we're out of control.**

**We have the wrong things controlling us.**

**That simply means we aren't allowing God's word & God's spirit to control the decisions we make.**

**When God's spirit is in control we live godly lives, we make godly decisions.**

**When our sinful nature is in control we live ungodly lives and make ungodly decisions.**

**COLOSSIANS**

A gymnast in a black leotard is performing a handstand on a wooden balance beam. The background is a dark, textured wall with faint, sketch-like patterns. The text is overlaid on the lower half of the image.

**Balance is the foundation upon which gymnasts perform gravity-defying feats, maintaining the right amount of poise and control that makes every leap and landing appear flawlessly purposeful.**

**Exercises such as beam walks and stability drills on balance discs challenge and enhance a gymnast's equilibrium. The more often these young athletes realize the feeling of being off balance, the more they are building the proper muscles – both physically and mentally. These activities also put a significant emphasis on strengthening the core muscles responsible for balance that these gymnasts require to maintain stability under visually appealing and rapid movements.**

**COLOSSIANS**



**(3:16 CSB)**

**LET THE WORD OF CHRIST DWELL  
RICHLY AMONG YOU, IN ALL WISDOM  
TEACHING AND ADMONISHING ONE  
ANOTHER THROUGH PSALMS, HYMNS,  
AND SPIRITUAL SONGS, SINGING TO GOD  
WITH GRATITUDE IN YOUR HEARTS.**

**COLOSSIANS**



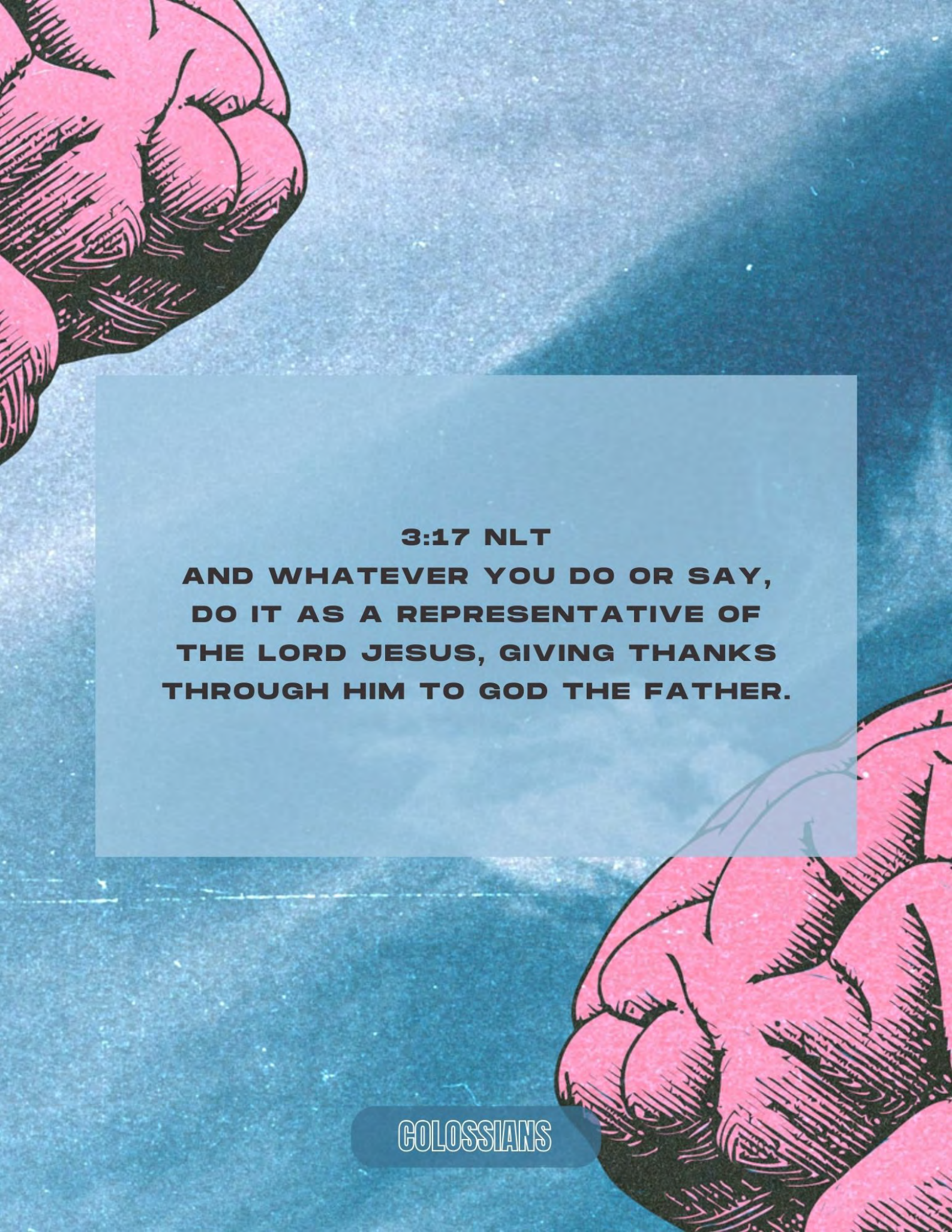
**(3:16 AMP)**

**LET THE [SPOKEN] WORD OF  
CHRIST HAVE ITS HOME WITHIN  
YOU [DWELLING IN YOUR HEART  
AND MIND— PERVADING EVERY  
ASPECT OF YOUR BEING]**

**PERVADE: TO BE PRESENT THROUGHOUT,  
TO EXIST IN EVERY PART OF.**



**COLOSSIANS**



**3:17 NLT**  
**AND WHATEVER YOU DO OR SAY,**  
**DO IT AS A REPRESENTATIVE OF**  
**THE LORD JESUS, GIVING THANKS**  
**THROUGH HIM TO GOD THE FATHER.**

**COLOSSIANS**



**WE ARE CALLED TO  
REPRESENT GOD THE  
RIGHT WAY AND IN  
ORDER TO DO SO..**

**1) JESUS MUST BE THE  
REF OF OUR HEARTS.**

**2) GOD'S WORD & GOD'S  
SPIRIT MUST BE THE  
CONTROLLING FACTOR IN  
OUR LIVES. (VS 16-17)**

**COLOSSIANS**

# DISCUSSION

**Q. WHAT STOOD OUT TO YOU PERSONALLY FROM THE MESSAGE OR SCRIPTURE?**

**Q. WHAT WAS THE MESSAGE CONNECTION FOR EACH OF THE FOLLOWING? (1 AT A TIME)**

**1) REF 2) CAT FOOD 3) GYMNASTICS  
4) CONTROLLER**

**Q. WHAT HAPPENS WHEN WE DON'T LET GOD'S WORD & GOD'S SPIRIT CONTROL OUR LIVES?**

**DESCRIBE YOUR LIFE WHEN YOU ALLOW GOD TO CONTROL IT COMPARED TO WHEN YOU DON'T.**

**COLOSSIANS 3:17 SAYS "AND WHATEVER YOU DO OR SAY, DO IT AS A REPRESENTATIVE OF THE LORD JESUS"**

**Q. WHY IS IT IMPORTANT TO REPRESENT JESUS THE RIGHT WAY?**

**Q. WHAT HAPPENS WHEN WE REPRESENT JESUS WRONGLY?**

**Q. SEE HOW MANY OF THE CHARACTERISTICS YOU CAN NAME THAT PAUL MENTIONED WE SHOULD PUT ON (LIVE OUT) (VS 12-14)**

**Q. WHAT ARE THE EASIEST ONES AND THE HARDEST ONES FOR YOU TO LIVE OUT FROM THE LIST & WHY?**

**Q. AS CHRISTIANS, DO YOU THINK WE'RE DOING A GOOD JOB AT LIVING OUT THE AREAS PAUL MENTIONED? WHY OR WHY NOT?**

**Q. HOW DOES THAT HELP OR HURT HOW WE REPRESENT JESUS TO OTHERS WHEN WE LIVE OUT OR DON'T LIVE OUT THE AREAS PAUL MENTIONED?**

**Q. WHAT ARE SOME PRACTICAL WAYS WE CAN REPRESENT JESUS BETTER IN OUR LIVES PERSONALLY & AS A STUDENT MINISTRY?**